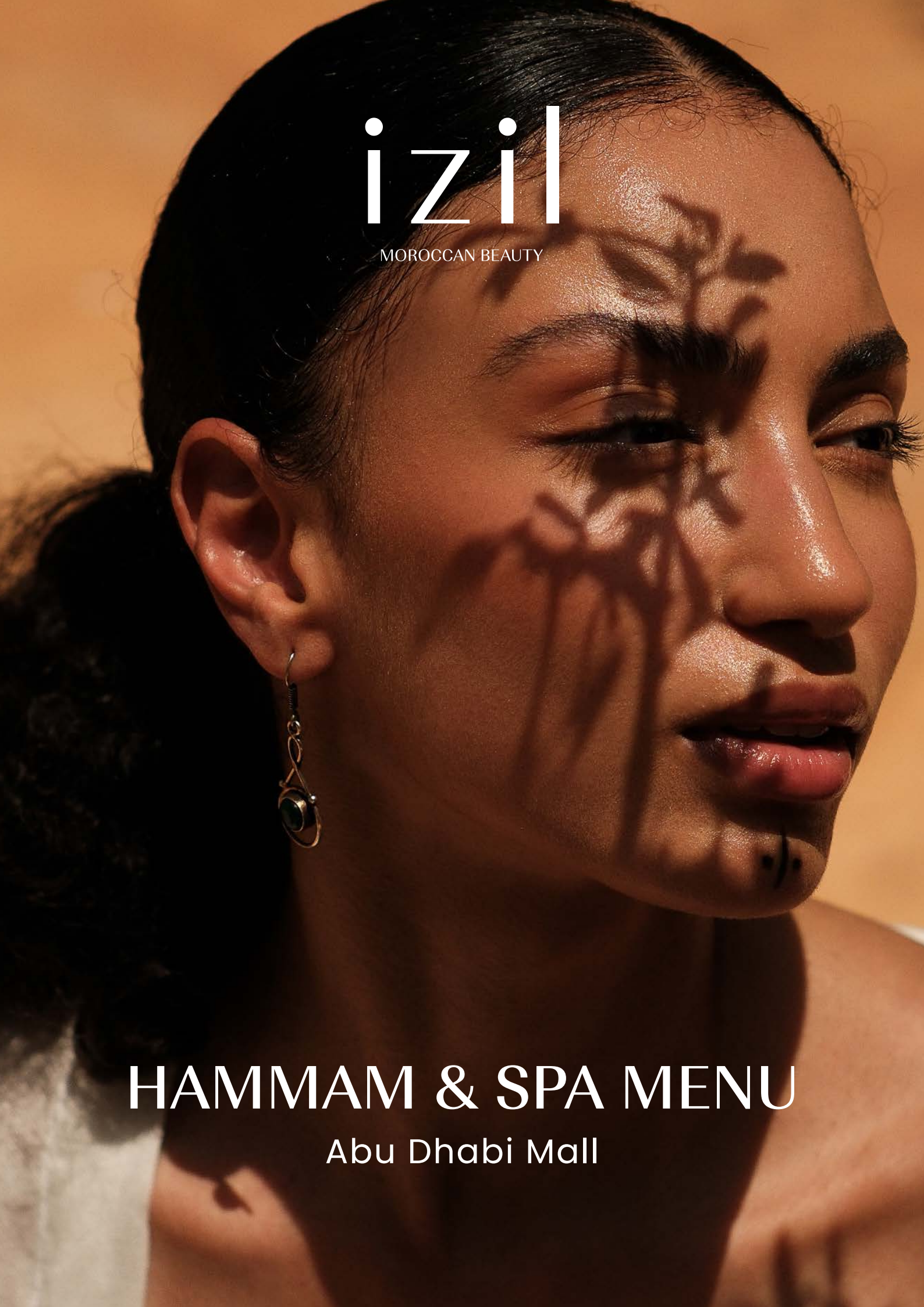


izil

MOROCCAN BEAUTY

HAMMAM & SPA MENU

Abu Dhabi Mall

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SPA RITUALS

BLUE NILA SOULCARE

A full day of radiance and renewal. This spa journey combines Morocco's most treasured brightening Hammam with deeply restorative treatments for the face, body, hair, hands, and feet. Designed to leave you luminous, relaxed, and beautifully polished from head to toe.

Includes:
Blue Nila Brightening Hammam – 90 minutes (750 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Purifying Reset Facial – 90 minutes (650 AED)
Hair Boost Ritual (long) – 350 AED

VALUED AT: AED 2,100
18% discount
PRICE: AED 1,722

ROYAL RENEWAL

A majestic experience inspired by Morocco's most sacred rituals. This spa journey begins with the Royal Hammam to deeply cleanse and nourish, followed by rejuvenating treatments for the body, face, hair, hands, and feet. Designed to restore balance, release tension, and leave you glowing with timeless radiance.

Includes:
izil Royal Hammam – 90 minutes (650 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Purifying Reset Facial – 90 minutes (650 AED)
Hair Boost Ritual (long) – 350 AED

VALUED AT: AED 2,000
18% discount
PRICE: AED 1,640

TIMELESS HERITAGE

An authentic journey rooted in Moroccan ancestral care. This spa day begins with the Traditional Heritage Hammam to deeply purify and revitalise, then continues with treatments for the body, face, hair, hands, and feet. Designed to balance, restore, and leave you renewed with a natural, radiant glow.

Includes:
Traditional Heritage Hammam – 75 minutes (480 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Purifying Reset Facial – 90 minutes (650 AED)
Hair Boost Ritual (lona) – 350 AED

VALUED AT: AED 1,830
18% discount
PRICE: AED 1,500.60

THE MOROCCAN ESCAPE

A classic Moroccan ritual of care and renewal. This spa day begins with the Traditional Hammam to deeply cleanse and refresh, followed by a sequence of treatments for the body, face, hair, hands, and feet. Designed to ease tension, restore balance, and leave you feeling polished and radiant.

Includes:
Traditional Hammam – 60 minutes (370 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Purifying Reset Facial – 90 minutes (650 AED)
Hair Boost Ritual (lona) – 350 AED

VALUED AT: AED 1,720
18% discount
PRICE: AED 1,410.40

HAMMAM PRIVILEGE

When you book a series of 5 Hammam sessions in advance, you'll enjoy a complete journey rooted in Morocco's cherished traditions, designed to cleanse, polish, and restore body and mind.

*VIP private experience & group bookings are available upon request.



MASSAGE RITUALS

Rooted in Moroccan wellness traditions, our massages combine sensory care with natural oils to relax, restore and rebalance body and mind. Each treatment is tailored to your needs for a deeply personal, restorative experience.

MASSAGES

RELAXING AROMATHERAPY

Discover the calming power of Moroccan aromatherapy with this gentle, sensory massage, designed to ease tension, relax the body and uplift your mood for a moment of pure wellbeing.

60 mins | AED 350 90 mins | AED 495

ENERGIZING DEEP TISSUE

Rooted in Moroccan wellness traditions, this deep tissue massage targets tension and relieves stress within the muscles and connective tissue. Ideal for easing fatigue, chronic pain or improving mobility, this treatment uses focused pressure to restore balance, encourage circulation and deeply relax body and mind.

60 mins | AED 350 90 mins | AED 495

AROMA BACK MASSAGE

This targeted back massage blends Moroccan aromatherapy with deep kneading to release tension and restore circulation. Designed to ease shoulder and back tightness, each step honours care as ritual, leaving the body relaxed and the senses restored.

25 mins | AED 190

STRESS-RELIEF NECK & SHOULDER

A focused massage designed to release tension in the neck, shoulders and upper back. Combining deep kneading and precise pressure, it soothes tight muscles, relieves stress and leaves the body feeling noticeably lighter and at ease.

20 mins | AED 150

IZIL HAND MASSAGE

A sensory hand massage crafted to ease tension, soften muscles and improve flexibility. Gentle, targeted strokes enhance circulation and leave your hands feeling light, supple and refreshed.

15 mins | AED 100 25 mins | AED 190

IZIL FOOT MASSAGE

A therapeutic foot massage focused on key pressure points to ease tension, stimulate circulation and promote deep relaxation. Rooted in Moroccan wellness, this ritual leaves your body balanced and your mind refreshed.

15 mins | AED 100 25 mins | AED 190



HAMMAM

Step into the heart of Moroccan tradition with our Hammam rituals, crafted to cleanse, replenish and restore body and mind. Using the wisdom of ancestral care and the purity of Morocco's most powerful ingredients, every step invites renewal and deep relaxation.



TRADITIONAL HAMMAM

Experience Morocco's most sacred cleansing ritual. Guided by ancestral Hammam traditions, it begins with Beldi Black Moroccan Soap to deeply purify, followed by exfoliation with a Kessa Glove. Our Ghassoul and Damask Rose Body Mask detoxifies and hydrates. The ritual ends with an Orange Blossom cold towel and full-body care, including hair cleansing, conditioning, and a refreshing Oud shower gel.

60 mins | AED 370



BLUE NILA BRIGHTENING HAMMAM

Treasured for centuries in Moroccan beauty traditions, Blue Nila is known as one of the most precious secrets for brightening and softening the skin. Sourced from rare indigo petals and cherished in ancestral rituals, it has long been used by Moroccan women to reveal radiance before special celebrations. At izil, this heritage is reimagined into a complete Hammam journey that restores luminosity from head to toe.

The journey begins with Black Beldi Soap infused with Tibrima herbs to deeply cleanse and prepare the skin, followed by traditional Kessa glove exfoliation. The body is then enveloped in a Blue Nila Mask, polished with izil's Blue Nila Scrub, and finished with a nourishing Blue Nila Cream to smooth, soften, and restore luminosity.

For the face, a refreshing cleanse is followed by a Green Tea scrub and mask to purify and revive, leaving the complexion clear and balanced.

The ritual continues with complete care: gentle foot filing to smooth and soften, and a restorative hair treatment with your chosen oil, followed by a wash, conditioner, and protective vinegar rinse to bring strength and harmony.

The experience concludes with your preferred body oil, leaving skin luminous, velvety, and renewed from head to toe.

90 mins | AED 750



TRADITIONAL HERITAGE HAMMAM

Once reserved for Moroccan nobility, the Imperial Hammam revives ancestral care with bespoke treatments that combine a double Kessa exfoliation with scrubs to polish and replenish the skin.

75 mins | AED 480

AMBER RITUAL

INGREDIENTS: Amber Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Amber Cleansing Shower Gel, Amber Hair and Body Perfume Mist, and your choice of hair oil.

BENEFITS: Deeply nourishes, revitalises skin. Leaves skin polished, perfumed, and enveloped in warmth.

HONEY CARAMEL RITUAL

INGREDIENTS: Honey Caramel Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Honey Caramel Cleansing Shower Gel, Honey Caramel Hair & Body Perfume Mist and your choice of hair oil.

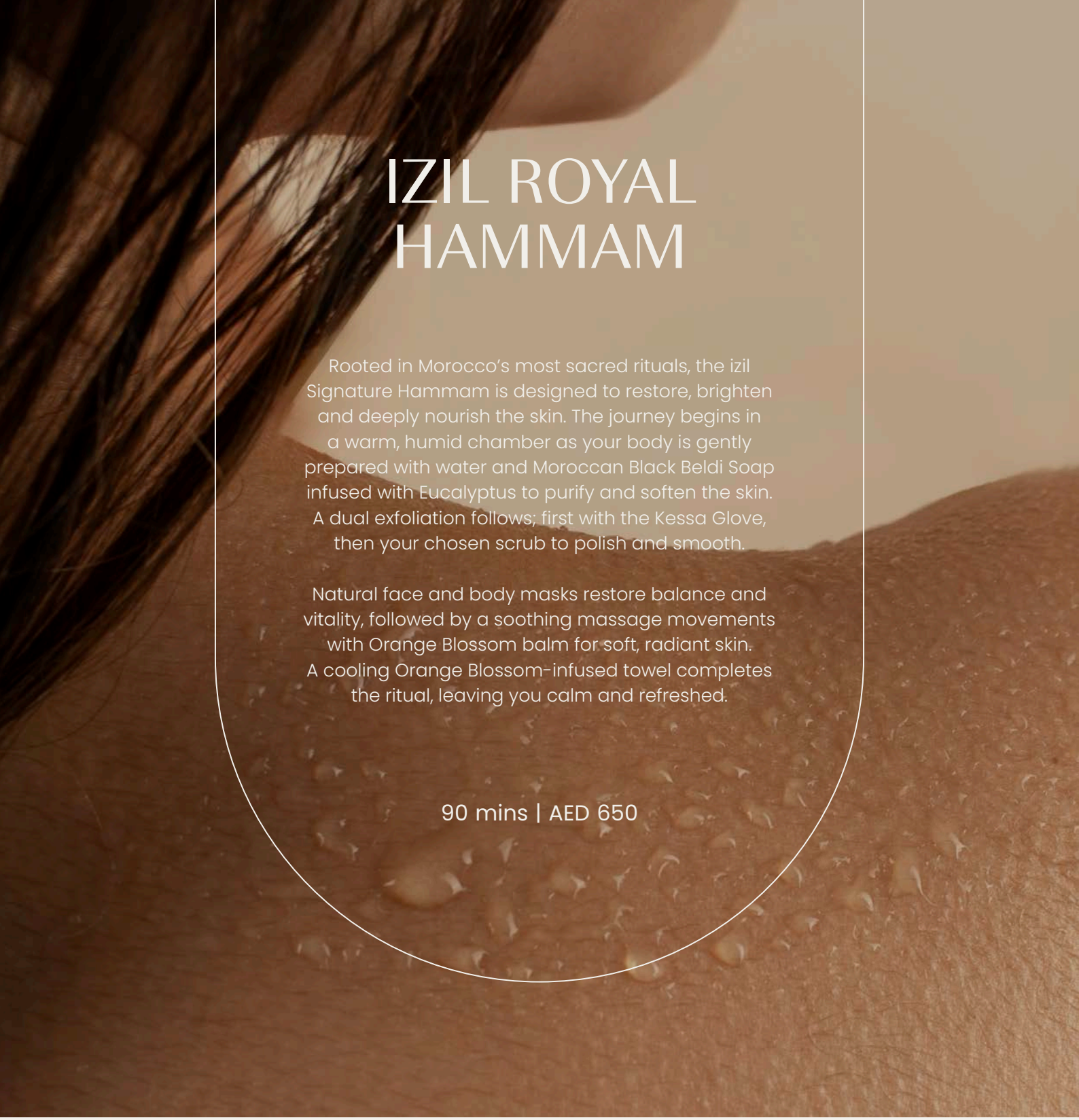
BENEFITS: Softens and smooths skin. Leaves skin nourished, silky, and delicately scented with honey and caramel.

ORANGE BLOSSOM RITUAL

INGREDIENTS: Orange Blossom Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Orange Blossom Cleansing Shower Gel, Orange Blossom Hair & Body Perfume Mist, and your choice of hair oil.

BENEFITS: Soothes and refreshes skin and senses. Leaves skin soft, revitalised, and delicately scented with Moroccan Orange Blossom.

Includes: Facial cleanse, foot filing, and a nourishing hair ritual with your choice of targeted oil, followed by a hair wash, conditioner and protective vinegar rinse for complete care.



IZIL ROYAL HAMMAM

Rooted in Morocco's most sacred rituals, the izil Signature Hammam is designed to restore, brighten and deeply nourish the skin. The journey begins in a warm, humid chamber as your body is gently prepared with water and Moroccan Black Beldi Soap infused with Eucalyptus to purify and soften the skin. A dual exfoliation follows; first with the Kessa Glove, then your chosen scrub to polish and smooth.

Natural face and body masks restore balance and vitality, followed by a soothing massage movements with Orange Blossom balm for soft, radiant skin. A cooling Orange Blossom-infused towel completes the ritual, leaving you calm and refreshed.

90 mins | AED 650

BRIGHTENING RITUAL
BRIGHTENING GREEN TEA

INGREDIENTS: Green Tea Brightening Scrub, Green Tea Clarifying Mask, Sakla Body Mask, Orange Blossom Moisturising Body Lotion, your choice of hair oil.

BENEFITS: Visibly brightens, evens skin tone. Ideal for addressing dullness, uneven tone and dry skin.

HYDRATING RITUAL
MOISTURISING HONEY

INGREDIENTS: Golden Honey Almond Scrub, Golden Honey Moisturising Mask, Honey Verbena Glow Body Mask, Orange Blossom Moisturising Body Lotion and your choice of hair oil.

BENEFITS: Deeply nourishes and softens dry, dehydrated skin.

Includes: Facial cleanse, foot filing, and a nourishing hair ritual with your choice of targeted oil, followed by a hair wash, conditioner and protective vinegar rinse for complete care.

PURIFYING BACK RITUAL

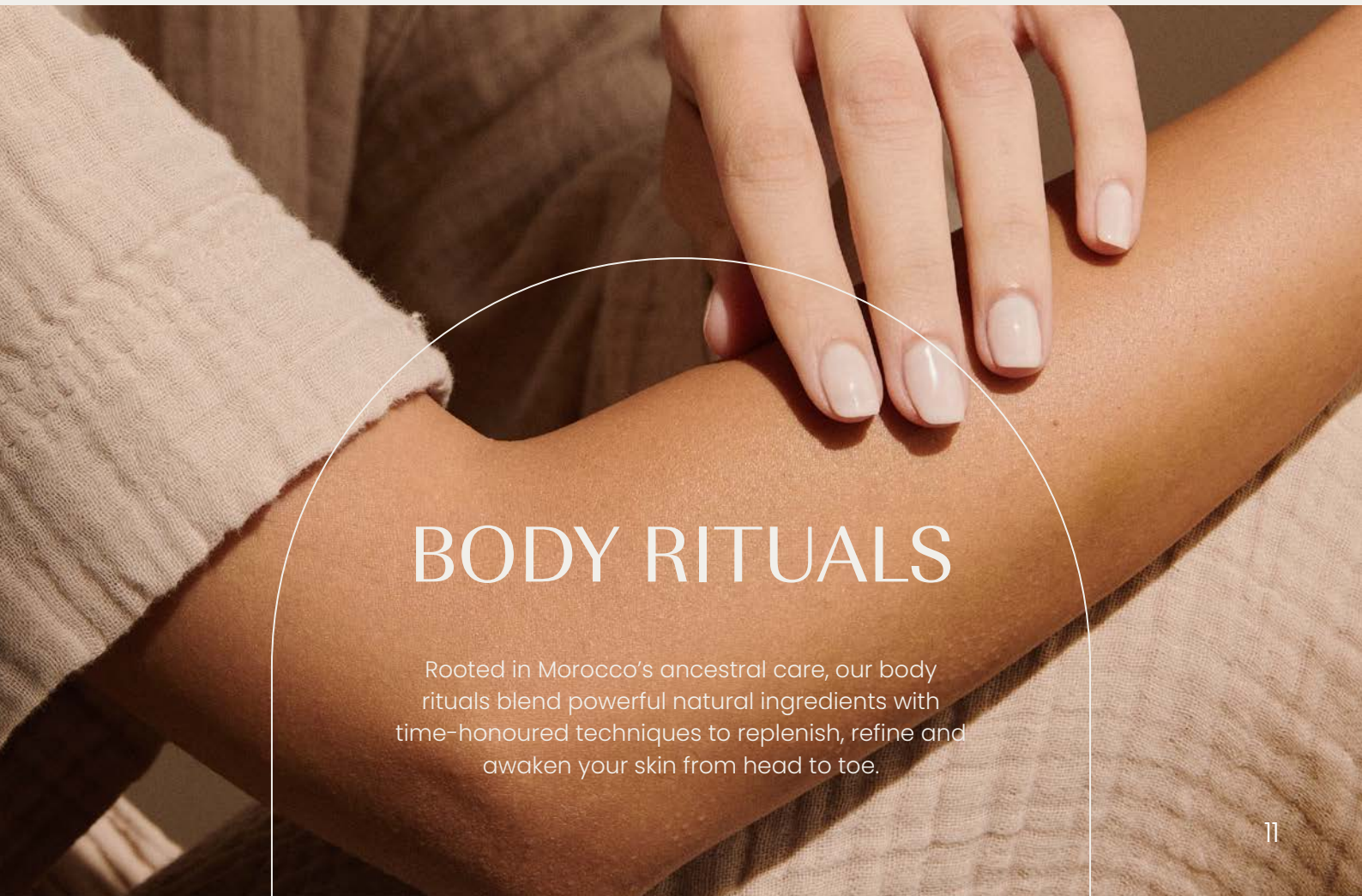
Rooted in Morocco's cleansing rituals, this targeted back treatment refreshes and clarifies the skin. Beldi Black Moroccan Soap and steam prepare the skin for deep exfoliation with our Golden Honey Almond Scrub. A Ghassoul and Damask Rose Body Mask detoxifies and hydrates, finishing with Orange Blossom Mist and nourishing oils to restore clarity, softness, and smoothness.

45 mins | AED 350

UNDERARM BRIGHTENING RITUAL

Harnessing Moroccan traditions and proven ingredients, this ritual brightens and refreshes the underarms. Beginning with Beldi Black Moroccan Soap and our Green Tea Brightening Scrub, followed by the Green Tea Clarifying Mask, skin is visibly refined. Orange Blossom Mist and natural Alum Powder complete the ritual, leaving skin toned, fresh and balanced.

20 mins | AED 120



BODY RITUALS

Rooted in Morocco's ancestral care, our body rituals blend powerful natural ingredients with time-honoured techniques to replenish, refine and awaken your skin from head to toe.

FACIAL RITUALS

Rooted in the wisdom of Moroccan beauty rituals, our facials blend treasured natural ingredients with proven techniques to visibly revive, brighten and nourish your skin.



EXPRESS GLOW FACIAL

A refreshing express facial designed to instantly cleanse, smooth and revive tired-looking skin in minimal time. Combining skin cleansing, gentle exfoliation and targeted treatment actives, this results-driven treatment helps restore hydration, softness and healthy radiance for a visibly refreshed complexion.

30 mins | AED 255

HYDRA RECOVERY FACIAL

A luxurious, intensive facial that lifts and revives tired skin. It begins with cleansing, exfoliation, mask, and serum treatments to address sagging, followed by a deeply lifting Gua Sha massage to intensely tone and reverse visible signs of ageing.

60 mins | AED 480

RADIANCE REVIVAL FACIAL

A radiance-boosting facial designed to restore luminosity and vitality to dull or tired-looking skin. Advanced exfoliation and glow-enhancing actives, including Moroccan Aker Fassi, Red Algae, AHAs and Rice Protein, work to smooth texture, even skin tone and reveal a naturally radiant complexion. An energizing sculpting massage and cryotherapy leave the skin visibly fresher, smoother and more radiant.

60 mins | AED 480

PURIFYING RESET FACIAL

An advanced deep-cleansing facial created to purify congested skin, refine pores and restore balance. Combining manual extraction, ultrasonic exfoliation and Blue LED therapy, this treatment helps reduce excess oil, congestion and surface build-up while Green Tea, Salicylic Acid, White Kaolin and Niacinamide help visibly refine pores without stripping the skin, calming inflammation and supporting skin clarity. A detoxifying lymphatic massage and cryotherapy leave the complexion visibly clearer, fresher and rebalanced.

90 mins | AED 650

SCULPT, LIFT & FIRM FACIAL

A high-performance anti-ageing facial designed to visibly lift, firm and sculpt the skin while restoring facial definition and elasticity. Advanced exfoliation, ultrasonic technology and collagen-supporting Red LED therapy work alongside IZIL's signature lifting massage to redefine facial contours, improve skin firmness and soften visible signs of ageing. Hyaluronic Acid, CoQ10, Peptides and Moroccan Prickly Pear Oil deeply nourish the skin for a firmer, smoother and more youthful-looking complexion.

90 mins | AED 700

IZIL SIGNATURE MYOFACIAL LIFTING MASSAGE

An advanced sculpting facial massage combining myofascial release, therapeutic acupressure, Gua Sha, Jade Roller techniques and cryotherapy to visibly lift, contour and release facial tension while restoring elasticity and definition. This specialised IZIL signature treatment stimulates circulation, redefines facial contours and leaves the skin firmer, visibly lifted and revitalised.

30 mins | AED 200

DEEP PORE DETOX

A precision deep-cleansing add-on combining manual extraction and ultrasonic exfoliation to visibly refine pores, reduce congestion and restore skin clarity.

15 mins | AED 100

LED LIGHT THERAPY

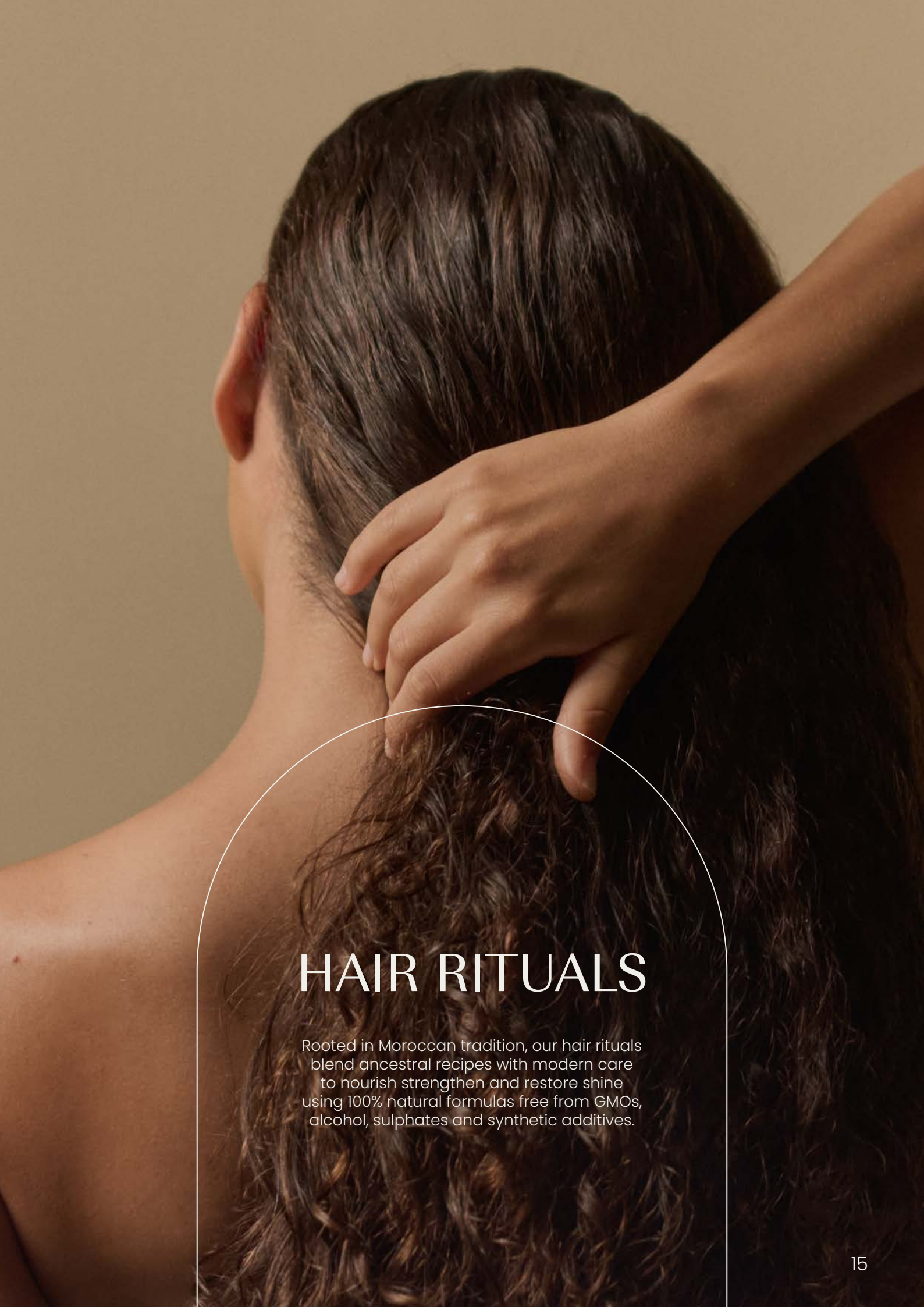
Clinical-grade, non-invasive LED light therapy personalised to your skin's needs to support the skin's natural repair and regeneration processes, stimulate collagen production, calm inflammation and visibly rebalance stressed or congested skin.

15 mins | AED 120

EYE REVIVAL THERAPY

A high-performance eye treatment designed to visibly refresh, depuff and revitalise the delicate eye contour. Combining specialised massage, Gua Sha drainage, Jade Roller contouring and cryotherapy with nourishing Prickly Pear Oil, this targeted treatment helps stimulate microcirculation, soften dark circles, reduce puffiness and restore brightness to tired, screen-stressed eyes.

15 mins | AED 150



HAIR RITUALS

Rooted in Moroccan tradition, our hair rituals blend ancestral recipes with modern care to nourish strengthen and restore shine using 100% natural formulas free from GMOs, alcohol, sulphates and synthetic additives.

HAIR RITUALS

SCALP PURIFYING RITUAL

Rooted in Morocco's haircare heritage, this ritual begins with a Pink Himalayan Salt scrub to exfoliate dandruff-prone scalps and prepare them for a soothing anti-dandruff mask. White Clay and a nourishing oil blend then detoxify and restore, before cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir seal in protection and shine.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

HAIR BOOST RITUAL

This ritual strengthens hair and supports growth using a White Clay mask to detoxify the scalp and a nourishing oil blend with Onion, Rosemary, and Garlic extracts. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir to enhance shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

DEEP-NUTRITION RITUAL

This nourishing ritual restores moisture and strengthens hair with a White Clay mask and a blend of 12 natural oils. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar rinse for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

DEEP HEALING HENNA RITUAL

Inspired by Moroccan haircare wisdom, this ritual nourishes and soothes the scalp with izil's Henna Verbena Mask. It hydrates deeply, preventing breakage and restoring softness. The treatment finishes with natural shampoo, conditioner, and Coconut Flower Vinegar for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 - AED 400

EXPRESS HAIR NUTRITION

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a nourishing oil to revitalise the scalp, followed by cleansing with shampoo and replenishing with conditioner. It concludes with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

30 mins | 45 mins AED 175 - AED 255

EXPRESS SCALP PURIFYING

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a Himalayan Pink Salt scrub to exfoliate the scalp, followed by a white clay mask for purifying care. Hair is then cleansed with shampoo, nourished with conditioner, and finished with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

30 mins | 45 mins AED 175 - AED 255

HAIR WASH	BLOW DRY	BLOW DRY - WAVY	TRIM	HAIRCUT & DRY
40 AED - 60 AED	100 AED - 200 AED	130 AED - 205 AED	55 AED - 75 AED	120 AED - 165 AED

SCALP SCRUB

An invigorating exfoliating treatment with Pink Himalayan Salt to purify the scalp and rebalance oil levels.

15 mins | AED 70

HAIR OIL MASK

A nourishing mask infused with natural oils to deeply condition, strengthen and revitalise dry, damaged hair.

15 mins | AED 70

SCALP & FACE MASSAGE

A quick dual massage designed to relieve tension and restore relaxation across the scalp and face.

15 mins | AED 70

SPA GUIDELINES

SPA ETIQUETTE

Our Spa is a sanctuary of calm and relaxation. Please speak softly and respect others' privacy. Robes are required in common areas. Mobile phones and cameras are not allowed, and all devices must be silent. Smoking is prohibited. We provide robes, towels, slippers, and disposable undergarments; wearing undergarments during treatments is recommended for your comfort and privacy.

SPA ARRIVAL

We recommend arriving at least 15 minutes early to start your experience relaxed. Early arrival lets you share preferences, enjoy a welcome drink, and refresh with a cooling towel. Late arrivals may shorten treatments to respect the next appointment.

PERSONAL BELONGINGS

Lockers are available for Hammam guests to secure belongings. Spa management is not responsible for lost items; please leave valuables at home. Remove jewellery for safety and comfort during treatments. Lost items are held at reception for one hour before transfer to Dubai Mall Lost & Found.

RESERVATIONS & CANCELLATIONS

We recommend booking in advance to secure your preferred time and service. Cancellations or rescheduling can be made online up to 3 hours before your appointment. Late cancellations within 3 hours incur a 10% fee. No-shows are charged 30% of the service cost. A credit card is required to confirm all bookings. Guests aged 16 and above are welcome.

Please inform us of the following when booking:
Allergies or medical conditions, including pregnancy
Requests for a specific therapist
If you are celebrating a special occasion
Gift vouchers, loyalty cards or promotions to be redeemed

Prices and services are subject to change without prior notice.

GIFT CERTIFICATES

Treat someone special with our Spa gift cards, valid for six months. Redeemable for treatments or products. Present the card at purchase or service. Non-refundable.

HOMECARE

Our therapists provide personalized product recommendations to extend your treatment benefits. All products are available for purchase at the Spa retail area. Please note purchases cannot be refunded or exchanged once taken from the Spa.

HEALTH CONCERNS

Please inform our team of any health concerns, allergies, or medical conditions before your treatment. Special services are available for expectant or nursing mothers. Guests with high blood pressure, heart conditions, or other issues should consult a doctor before booking. Always notify your therapist of any health concerns prior to your treatment.

CLEANLINESS & HYGIENE

We maintain the highest standards of hygiene for your safety. All equipment is sterilised and sanitised after every service.

FOOD & BEVERAGE POLICY

Outside food and alcoholic beverages are not permitted in the Spa. Entry will be refused to any guest who appears under the influence.

SPA LOCATIONS

izil Spa & Hammam
Abu Dhabi Mall, UAE

TREATMENT HOURS

Monday to Thursday: 10:00 AM to 11:00 PM
Friday to Sunday: 10:00 AM to 12:00 AM
Last treatment booking: 9:00 PM

CONTACT US

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